

## Manicure & Pedicure

- ☆ Allow adequate time after your manicure or pedicure for your nails to dry before leaving the salon.
- ☆ For pedicures wear open toe shoes if possible.
- ☆ To prolong the life of your varnish wear gloves to perform any household or work related chores.
- ☆ Apply hand cream regularly.
- ☆ Massage cuticle with oil like Phenomen oil available at Truly Scrumptious.
- ☆ Use non-acetone varnish remover.
- ☆ Apply Jessica Brilliance every third day to refresh your nails and prevent chipping
- ☆ Use a nail file to gently smooth any chips.

